

| <u>Week 1 Lunch</u> <u>7-13 January 2019</u> <u>28 Jan-1 Feb</u> <u>25Feb – 1 March</u> <u>18-22 March</u> | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|---|
| Bread | Bread of the day | Bread of the day | Bread of the day | Bread of the day | Bread of the day |
| Snack AM | Crackers and Jam portions | Selection of Crudities, Pita bread & hummus | Cheese and crackers | Selection of Crudities, Pita bread & hummus | Mini baguette Bread |
| Main Meal | Pasta Bar Rich Tomato and Basil Sauce Cheese and Chive sauce | Roasted Lemon & Thyme Chicken Thighs | Beef Chilli | Lamb and Vegetable Pie | Build a Burger Toppings Cheese, Lettuce, Tomato Onions |
| Vegetarian | | Red Lentil and Vegetable Lasagne | Vegetable bean Chilli | Quorn and Vegetable Pie | Chick pea Falafel Burgers |
| Vegetables and Sides | Steamed Broccoli Garlic bread | Roast Herbed Potato Prepped Carrot Batons Pan gravy | Rice Tortilla chips Salsa and Sour Cream Sweetcorn | New Potatoes Cut Green Beans Gravy | Chips Baked Beans |
| Jacket Potato Bar | Baked beans Cheese Coleslaw | Baked beans Cheese Tuna Mayo | Baked beans Cheese Coleslaw | Baked beans Cheese Tuna and Red onion | Baked beans Cheese Coleslaw |
| Desserts | Mini Berry Mousse | Fruit of the Day | Vanilla Sponge | Fruit of the day | Cookies Fruit of the day |
| Snack pm | Fruit bowl | Fruit bowl | Fruit bowl | Fruit bowl | Fruit bowl |

| <u>Week 2 Lunch</u> <u>14 -18 January 2019</u> <u>4-8 February</u> <u>4-8 March</u> <u>25-29 March</u> | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|--|
| Bread | Bread of the day | Bread of the day | Bread of the day | Bread of the day | Bread of the day |
| Snacks AM | Cheese and crackers | Vegetable crudities, pitta shards & hummus | Cheese and crackers | Vegetable crudities, pitta shards & hummus | Mini Baguette Bread |
| Main Meal | Fusilli Pasta Bar with Slow Cooked Tomato, Pepper and Thyme Sauce | Smoked Paprika Pork Casserole | Beef Lasagne | Roast Turkey with Cranberry sauce | Mild Malaysian Beef Curry |
| Vegetarian | Roasted Leek and Cheese Sauce | Smoked Paprika Quorn with Mediterranean Vegetables | Red Lentil and Vegetable Lasagne | Stuffed Herb and Cheese Potato Skins | Sweet Potato and Chickpea Curry |
| Vegetables & Sides | Garlic Bread Sweetcorn | Rice Sweet corn | Mixed Leaf Salad Garlic Bread Green Beans | Rosemary Roasted Potatoes Baton Carrots Gravy | Rice Naan Bread Shards Raita Mango Chutney Carrot Batons |
| Jacket potato | Baked beans Cheese Tuna Mayo | Baked beans Cheese Coleslaw | Baked beans Grated Cheese Tuna Mayo | Baked beans Cheese Coleslaw | Baked Beans Cheese Tuna Mayo |
| Desserts | Chocolate Sponge Fruit of the day | Fruit of the day | Fruit of the day | Fruit of the day | Flapjack |
| Snacks PM | Fruit bowl | Fruit bowl | Fruit bowl | Fruit bowl | Fruit bowl |

| <u>Week 3 Lunch</u> <u>21-25 January 2019</u> <u>11-15 February</u> <u>11-15 March</u> <u>1-5 April</u> | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|-----------------------------------|--|---|
| Bread | Bread of the day | Bread of the day | Bread of the day | Bread of the day | Bread of the day |
| Snack am | Cheese and crackers | Vegetable Crudities Pitta bread and Hummus | Cheese and Crackers | Vegetable Crudities Pitta bread and Hummus | Mini Baguette Bread |
| Main Meal | Pasta Bar Pasta Shells Tomato and basil Sauce | Pork Sausages Chicken Sausages | BBQ Chicken Thighs | Braised Beef and Vegetable Stew | Roasted Pollock |
| Vegetarian | Mushroom and Spinach | Quorn Vegetarian Sausages | Stuffed Portabella Mushroom | Quorn and Vegetable Stew | Tomato and Mozzarella Basil Pesto bruschetta |
| Vegetables & Sides | Peas and Sweetcorn Garlic bread | Mash Potato Broccoli Red Onion Gravy | Sweetcorn and peas Rice | Rosemary Mash Potato Carrot Batons | Chips Peas Roasted Tomato and Red onion Sauce |
| Jacket potato | Baked beans Cheese Coleslaw | Baked beans Cheese Tuna mayo | Baked beans Cheese Coleslaw | Baked beans Cheese Tuna Mayo | Baked beans Cheese Coleslaw |
| Desserts | Coffee Mousse Fruit of the day | Fruit of the day | Carrot Cake Fruit of the day | Fruit of the day | Homemade Shortbread biscuit Fruit of the day |
| Snacks PM | Fruit bowl | Fruit bowl | Fruit bowl | Fruit bowl | Fruit bowl |