

<u>Week 1 Lunch</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Snack AM	Vegetable Crudities and Hummus Dip	Cheese and crackers	Vegetable Crudities and Hummus Dip	Fresh Cut Fruit	Vegetable Crudities and Hummus Dip
Main Meal	Pasta Bar Tomato and Basil Sauce	Chicken Tagine	Pork Meatballs Bolognaise	Chicken Tikka	Steam Cod with Fresh Tomatoes Sauce or Breaded Pollock
Vegetarian	Cheese and Chive	Vegetable Tagine with Couscous and Feta Cheese	Roasted Quorn Meatballs	Roasted Butternut Squash, Red Pepper and Bean Tikka Curry	Chick Pea Falafel Burger
Vegetables and Sides	Mix Vegetable Garlic bread	Couscous Green Beans	Spaghetti Pasta Broccoli	Wholegrain Rice Naan Bread Mango Chutney	Chips Fresh Peas and Lemon Sauce
Jacket potato	Baked beans Cheese Coleslaw	Baked beans Cheese Tuna Mayonnaise	Baked beans Cheese Coleslaw	Baked beans Cheese Tuna Mayonnaise	Baked beans Cheese Coleslaw
Desserts	Mango Yoghurt Pots	Victorian Vanilla sponge	Fresh Fruit	Lemon Curd Cake	Fresh Fruit
Snack pm	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl

<u>Week 2 Lunch</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Snacks AM	Vegetable Crudities and Hummus	Cheese and Crackers	Vegetable Crudities & Hummus	Fresh Cut Fruit	Vegetable Crudities and Hummus
Main Meal	Macaroni and Cheese Pasta	Chilli Con Carne	Sweet and Sour Pork	Cottage Pie topped with Herby and Cheese Potato	Mild Chicken Curry
Vegetarian	Butternut Squash Mushroom and Leek Risotto	Spanish Spiced Quorn and Mediterranean Vegetables	Vegan Sweet and Sour Vegetables	Mediterranean Vegetables and Goats Cheese Pie	Vegetable and chickpea Curry
Vegetables & Sides	Garlic Bread Broccoli	Wholegrain Rice Green Beans	Soya Noodles Vegetable Stir-fry	Greens beans and Carrots Gravy	Steamed Basmati wild Rice Mix Vegetable fry
Jacket potato	Baked beans Cheese Coleslaw	Baked beans Cheese Tuna Mayonnaise	Baked beans Cheese Coleslaw	Baked beans Cheese Tuna Mayonnaise	Baked beans Cheese Coleslaw
Desserts	Blueberry Moose	Fresh Fruit	Apple and Pear Flapjacks	Fresh Fruit	Chocolate Cake
Snacks PM	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl

<u>Week 3 Lunch</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Snack am	Cheese and Crackers	Vegetable Crudities and Hummus Dip	Cheese and Crackers	Fresh Cut Fruit	Vegetable Crudities and Hummus Dip
Main Meal	Pasta Bar Tomato and Basil Sauce	Cumberland Sausages	Chilli Beef Tacos with Sour Cream dip and Tomato Salsa	Lamb and Vegetable Pie	Grilled Pollock with Mushroom Sauce or Breaded Pollock
Vegetarian	Mushroom and Mixed Herb	Stuffed Herb and Cheese Potato Skins	Vegetable Chow Mein	Vegetable Bean Chilli Pie	Open Grilled Portobello Mushroom & Mozzarella Burgers
Vegetables & Sides	Sweet corn Garlic bread	Mash Potatoes Onion Gravy Cauliflower	Sweet Chilli Sauce Carrot Batons	New Potatoes Mix Vegetables	Potatoes Wedges Baked beans
Jacket potato	Baked beans Cheese Coleslaw	Baked beans Cheese Tuna Mayonnaise	Baked beans Cheese Coleslaw	Baked beans Cheese Tuna Mayonnaise	Baked beans Cheese Coleslaw
Desserts	Fresh Cut Fruit	Strawberry Cheese Cake	Frozen Raspberry Yoghurt	Eton Mess Pots	Fresh Cut Fruit
Snacks PM	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl