

MENU WEEK 2



The Hampshire School
CHELSEA

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY SOUP FRESHLY BAKED BREAD	Pea and mint	Leek and potato	Mulligatawny	Tomato and fresh basil	Sweet potato and cumin
VEGETARIAN OPTION	Sweet potato and red lentil dahl	Sweet and sour vegetables with butter beans	Tofu, mushroom and roasted vegetable stew	Roasted vegetable, puy lentil cottage pie	Mexican rice stuffed pepper With a rich tomato sauce
DISH OF THE DAY	Vegetable and mixed bean burritos sour cream, salsa	Sweet and sour pork , Or sweet and sour halal chicken	Roast chicken, sage and onion stuffing with a rich gravy	Beef and vegetable cottage pie	Breaded fillet of cod Lemon wedge and tartare sauce
ON THE SIDE	Freshly prepared potato wedges Sweetcorn	Egg noodles Broccoli	Carrots, savoy cabbage Crispy roasted potatoes	Medley of seasonal vegetables	Chunky oven chips, Garden peas Baked beans FRIDAY TREAT Chocolate chip shortbread

SELECTION OF FRESH CUT FRUIT & YOGURT

