

MENU WEEK 1



The Hampshire School
CHELSEA

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY SOUP FRESHLY BAKED BREAD	Cream of broccoli	Chunky vegetable	Minestrone	Roasted butternut	Tomato and herb
VEGETARIAN OPTION	Chunky tomato, fresh basil pasta	Vegetarian sausage with onion gravy	Roasted vegetable ratatouille Herby cous cous	Sweet potato, mushroom, chick pea curry Pilau rice	Cherry tomato, red onion quiche
DISH OF THE DAY	Five bean & vegetable chilli with rice salsa, sour cream	Cumberland pork sausage, Halal chicken sausage with onion gravy	Beef lasagne	Chicken tikka marsala Pilau rice	Fillet cod fish fingers Lemon wedge and tartare sauce
ON THE SIDE	Sweetcorn Green beans	Mashed potatoes Carrots & peas	Garlic bread Seasonal side salad	Naan bread, raita, mango chutney, tomato onion coriander salad	Chunky oven chips, Garden peas Baked beans FRIDAY TREAT Chocolate brownie

SELECTION OF FRESH CUT FRUIT & YOGURT

