

# MENU WEEK 3



The Hampshire School  
CHELSEA

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DAILY SOUP FRESHLY BAKED BREAD</b>	Carrot and coriander	Pumpkin and crème fraiche	Cream of tomato	Cauliflower and cheddar	Mushroom Thyme
<b>VEGETARIAN OPTION</b>	Aubergine Parmigianino	Hand made vegetarian sausage roll	Imam Byialdi Stuffed aubergine with chunky tomato and feta)	Sweet potato Scotch eggs	Freshly made bean burger, Mango relish In a floured bap
<b>DISH OF THE DAY</b>	Quorn Enchiladas topped with tomato sauce and cheddar cheese	Meat feast Or vegetarian pizza	Moroccan chicken Or halal chicken and chickpea tagine, Herb cous cous	Savoury minced beef and vegetable casserole Or halal beef and vegetable casserole	Handmade beef burger Or halal beef burger in a floured bap with tomato relish
<b>ON THE SIDE</b>	Roasted butternut squash Kale	Freshly made Cajun wedges BBQ baked beans Steamed broccoli	Moroccan Roasted Medley Vegetables Sweetcorn	Garlic roasted new potatoes Cauliflower Cheese Brussels sprouts	Chunky oven chips Garden peas Baked beans  <b>FRIDAY TREAT</b> Banana milkshake Oat cookie

SELECTION OF FRESH CUT FRUIT & YOGURT & A DAILY SALAD BAR

