

MENU WEEK 3



The Hampshire School
CHELSEA

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY SOUP FRESHLY BAKED BREAD	Broccoli and stilton	Sweet corn potage	Lebanese green spilt pea	English onion soup	Tomato and oregano
VEGETARIAN OPTION	Quorn enchiladas	Aubergine katsu curry	Freshly made spinach and feta falafal	Vegetable, spinach & halloumi wellington	Cheese, tomato & fresh basil pizza
DISH OF THE DAY	Black bean chill tacos, sour cream & salsa	Chicken katsu curry Or halal chicken katsu curry	Lamb meatballs with chick pea and tomato sauce Or halal lamb meatballs with chick peas and tomato sauce	Roasted lemon and thyme chicken Or halal roasted lemon and thyme chicken with sage and onion stuffing	Pepperoni & chicken pizza
ON THE SIDE	Beetroot Cajun spiced wedges Corn on the cobb Grilled pineapple	Coconut rice Spring greens Red cabbage and apple slaw Buttered carrots	Garlic and cucumber yoghurt Giant cous cous Pea and mint Roasted cauliflower	Crispy roasted potatoes Roasted root vegetables Brussels sprouts	Chunky oven chips Garden peas Baked beans FRIDAY TREAT White chocolate, raspberry bread and butter pudding

SELECTION OF FRESH CUT FRUIT & YOGURT & A DAILY SALAD BAR

